



Person Centred Planning



This information tells you what you can expect from a person centred plan.

What I expect from a good plan.



A page that tells people

- who I am
- what I like to do
- who are the important people in my life.

This is sometimes called a one page profile.



A support plan that says what I can do together with others to help me live the life I choose.



Some goals and targets for my future that we can all work together to achieve.

What I can expect from a great plan!



I am involved in the plan at all steps.



The plan shows everything that is important to me.



Helps me think about my community, including the work I do and how I like to have fun with my friends. The plan will identify any support I need to be an active community member.



Goals and outcomes that can be reviewed, celebrated and changed if needed.



The plan has details of when I will be supported and what they will help me do.



It will help the staff get to know me better and how to help me achieve a positive outcome.



Family members, friends and all people in my support network will help in making my plan.



This information is co-produced by the GOT IT learn to lead team for CVT communities.