

Assessment Factsheet

Easy Read



A health and social care assessment is carried out by social services. The purpose is to find out what help and support you need.

Your assessment should be person-centred and start from the assumption that you understand your needs best.



It is important you tell the people in the assessment everything you need support with.



They can be big things like getting a job or smaller like budgeting money..



What you need in terms of care, support and healthcare should all be considered as part of an assessment.



Your housing will also be discussed.



If there is no suitable person who can help you are entitled to support from an independent advocate



They will need to know the things you would like to achieve in your life - for example if you want to make new friends or travel independently.



You should be given a copy of your completed assessment



Your local council will arrange for a social worker to review your support plan from time to time to make sure it still meets your needs.



If anything changes (for example if your health worsens) it's a good idea to contact your council as soon as possible



If you are not happy with the outcome of your assessment you should ask for a written copy of how they made their decision. You can also make a complaint using their complaints process.

If you want more information about assessments here are some useful links.

Mencap

People First

Money Advice Service



This easy read factsheet has been co-produced for CVT by people from Delrow and St Albans communities.